

The 2009 SA Falls Prevention Forum was held on Thursday 28th May 2009 at Sunnybrae, Regency Park, Adelaide. It showcased current best practice, new information and initiatives designed to reduce the risk of falls and fall-related injury in South Australia.

The program had relevance for health and aged care professionals from a range of disciplines including medical, nursing, allied health, pharmacy, working in acute and post-acute, community and residential aged care settings in public or private.

The theme of the forum "Reducing the Risk" aimed to reflect the need for proactive management of risk factors associated with falls and fall injury, both for older people and their carers, and for health services and aged care services.

The SA Falls Forum [program](#) and [abstracts](#) can be downloaded via the hyperlinks or the program viewed below. Where permission has been granted the Powerpoint presentations are available to download via the presenters name.

### **Coach House**

**8.30am** Registration

**9.00 am** Welcome and housekeeping. Master of Ceremonies, *Barry Couzner OAM*

An overview of falls and fall injury prevention and management in South Australia. *Michele McKinnon and Michele Herriot*

Postgraduate Course. *Brenton Kortman and Shylie Mackintosh*

E-learning package. *Belinda Purvis*

Falls SA website. *Tracey Gerhardy*

### **10.15 am Morning tea and displays in Cheese Room**

**10.45 am**

**Coach House** Do Older People tell their doctor they have fallen? *Joanne Dollard*

**11.30am – 12.30pm** **Concurrent sessions** – each presentation is of 20-minutes duration

**Coach House Topic – Managing falls in acute settings**

1) Supporting the implementation of the National Falls Prevention Guidelines – Green Box Program. *Pam Dean*

2) Careconnect.sa clinical practice support – Undertaking a falls and fall injury risk assessment. *Livio Ciacciarelli*

3) Falls Prevention Frame work across Repatriation General Hospital. *Lynne Northcott*

**Pavillion Room Topic – Falls in Community Settings**

1) Ambulance service to older people who fall with and without a personal alarm. *Dr Kylie Johnston*

- 2) Falls Prevention – a peer education model, COTA Seniors Connect. *Michelle Elding*
- 3) An epidemiological analysis of falls among South Australian adults. *Dr Tiffany Gill*

### ***Cheese Room Topic - Strategies***

- 1) Equipment Issues and falls prevention in residential care. *Robin Townsend*
- 2) EMAA – Easy Moves for Active Ageing® Exercise Training for leading a class for older adults. *Tracey Gerhardy*
- 3) Changing Health behaviour – are fall prevention messages likely to be effective in older people hospitalised with fall - related injuries? *Jo Nolan*

### **12.30 pm Lunch and displays in cheese room**

Lawn Come and try Tai Chi with Dot Partridge – Tai Chi Leader

### **1.30pm**

**Coach House** Emerging Roles in Allied Health – *Dawn Skidmore*

**1.45pm – 3.05pm Concurrent sessions** – each presentation is of 20-minutes duration

**Coach House Topic – *Getting the right person to the right service at the right time.***

- 1) Pathways to Independence. Coordination of Falls Prevention Services in Southern Adelaide. *Christina Isaksson*
- 2) Country Health South Australia Falls Prevention – Action Maps. *Katrina Wilkop*
- 3) Access2HomeCare (A2HC) Falls Risk Tool. *Lyndal Gerrard*
- 4) Falls Prevention in Central Northern Adelaide Hospital Service- A Regional Approach. *Gill Bartley*

**Pavillion Room Topic – *Managing falls in rehabilitation and emergency department.***

- 1) Working towards a trans-disciplinary team in the Emergency Department. *Fiona Quinn*
- 2) Falls: A syndrome and a common reason for presentation to the emergency department. *Kathy Najjar*
- 3) Falls Prevention in a rehabilitation setting. *Kym Dunn*
- 4) Inpatient Falls Education Group for Rehabilitation. *Jane Schilling*

### ***Cheese Room Displays***

### **3.05pm Afternoon Tea - displays in cheese room**

### **3.25pm**

**Coach House** Summary of the Day - MC - *Barry Couzner*

Where are we at in preventing falls after stroke?. *Shylie Mackintosh*

**4.05 pm – 4.45pm Concurrent sessions** – each Presentation will be of 20-minutes duration

**Coach House**

- 1) Trends over time for national fall related hospitalisation involving older people, Australia 1999 – 2006. *Clare Bradley*
- 2) Vision impairment in the community – Prevention Strategies Project. *Wendy Scullen*

### **Pavilion Room**

- 1) Falls Clinic: an Opportunity to address frailty and improve health outcomes. *Susie Thomas*
- 2) Calcium and Vitamin D in the prevention of fracture. *Professor BE Christopher Nordin*

### **Cheese Room Displays**

#### **Displays**

Independent Living Centre Equipment for Falls Prevention

Royal Adelaide Hospital – Preventative Care Centre – Hip Protectors.

Falls SA Web Site

E- Learning package

April Falls Day 2009

Poster display

### **4.45pm Close**

The SA Falls Prevention Forum was followed on Friday May 29 2009 by the Country Health SA Falls Prevention forum held at The Lakes Resort, West Lakes.

This event built on the previous day's event to develop a coordinated country response to falls prevention.